

## **FLYER EVALUATIONS**

Ages 8 years & up

## Please register at either location that accommodates your schedule >>>

<ul> <li>LWR</li> <li>New Flyers are required to attend</li> <li>Returning Elite Flyers that flew in Elite stunts are not required to attend</li> <li>Returning Athletes that were in transitional lifts only, are still required to attend</li> </ul>			
Saturday	May 17th	10:00am – 11:30am	

New Flyers are required to attend     Returning Elite Flyers that flew in Elite stunts are not required to attend     Returning Athletes that were in transitional lifts only, are still required to attend			
Saturday	May 17th	1:00pm – 2:30pm	

## Register online!

www.floridatopdog.com

FL Top Dog All-Star Login Portal

Cost: \$50 per athlete

## Athletes will be evaluated on the following skills:

- Body Positions (R/L: Heel Stretch, Bow–n–arrow, Scale, Scorpion)
- R/L: Splits, Center Splits
- Handstand
- Balance
- Core Control
- Technique
- Flexibility
- Confidence
- Actual Flying on bases doing a variety of different level appropriate skills.

This evaluation does not guarantee the athlete will be a flyer for the 2025–2026 season. It provides an opportunity for the athlete to showcase skills to be considered as a potential flyer. Flyers are able to attend the evaluation at either location.

If you are **unable to attend the Flyer Evaluation Day**, we ask that you register online to **submit a video flyer evaluation**. Your video must consist of: Body Positions – (R/L) – heel stretch, bow-n-arrow, scale, scorpion, needle, center splits, & a handstand. Your video will not be evaluated if your flyer evaluation registration is not paid. – Please send video to: <u>info@floridatopdog.com</u>